

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Module 5

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### **Module 5: Basic Human Needs**

1. A Consumer's "needs" refers to something that is necessary for their physical or mental health.
  - True
  - False
  
2. According to Maslow's Hierarchy of Human Needs a person's most basic need is the physiological needs which are critical for survival. A Consumer's physiological needs include:
  - a. A. Oxygen, water, food, shelter, elimination, rest/sleep, physical activity, and sexuality.
  - b. B. Oxygen, water, food, shelter, elimination, and money.
  - c. C. Money, shelter, oxygen, water, and food.
  - d. D. None of the above
  
3. It is very important for a PSS to not be judgmental about a Consumer's sexuality, as everyone has the right to make their own decisions.
  - True
  - False
  
4. Culture refers to a collection of beliefs, values, customs, and ways of thinking and behaving that are usually handed down from generation to generation.
  - True
  - False
  
5. It is important for the PSS to respect the culture of their Consumers.
  - True
  - False
  
6. A Consumer's culture can influence how they feel about different aspects of health care. It is important for the PSS to be sensitive to their Consumer's cultural beliefs and needs.
  - True
  - False
  
7. It is important for a PSS to familiarize themselves with the different cultures they will be working with to avoid misunderstandings and conflict.
  - True
  - False
  
8. It is not necessary to believe in a person's religion in order to care for them with compassion, dignity, and respect.
  - True
  - False

9. The impact of the Consumer's health concerns on the family never affects the PSS's job.
- True
  - False
10. Every Consumer has different strengths, abilities, and needs from every other Consumer. Even people with similar appearance, age, and/or diagnoses are significantly different from each other.
- True
  - False
11. One of the ways that people gain control over their lives is to have choices about what they do, who they spend time with, where they go, and what they eat.
- True
  - False
12. When a Consumer makes a choice, a PSS does not agree with, it is ok to force the Consumer to do it the "correct" way, because the PSS is the professional.
- True
  - False
13. Even though it might not seem very efficient sometimes, it is very important to let the Consumer get his or her own beverage if they are able to, this will help promote their independence.
- True
  - False
14. The PSS must respond appropriately no matter what behavior a Consumer exhibits.
- True
  - False